



# Summer Activities 2019

The Regina Region Local Immigration Partnership (RRLIP) has developed this list of ongoing Summer Activities for easy *access* of information for newcomers, community members, and agencies. Alphabetical order is followed. Some are free or low-cost.

The list includes Summer Activities and Camps that we have been made aware of, as well as websites that advertise community children’s activities. If you know of others that are not included, but should be, please let us know by emailing [info@rrlip.ca](mailto:info@rrlip.ca)

**Most camps and activities have a registration deadline. Be sure to visit their websites for more information.**

<b>PROGRAM</b>	<b>DETAILS</b>	<b>AGE</b>	<b>LOCATION</b>	<b>CONTACT</b>
<b>Al Ritchie Family Wellness Program</b>	Free Activities: Monday – Thursday: gardening, cooking, art, outdoor play community kitchen, etc. Drop ins, some need registration	0-6 yrs, - <b>with parents</b>	2250 Lindsay St.  <a href="https://www.calendarwiz.com/calendars/calendar.php?crd=arca&amp;PHPSESSID=c0a2b905cbdda1651169c65c18e78617&amp;jenabled=1&amp;winh=898&amp;winw=1920&amp;inifr=false">https://www.calendarwiz.com/calendars/calendar.php?crd=arca&amp;PHPSESSID=c0a2b905cbdda1651169c65c18e78617&amp;jenabled=1&amp;winh=898&amp;winw=1920&amp;inifr=false</a>	<a href="http://alritchie.ca/">http://alritchie.ca/</a>  Email: <a href="mailto:arcaprograms@sasktel.net">arcaprograms@sasktel.net</a> ;  <a href="mailto:arcacoordinator@sasktel.net">arcacoordinator@sasktel.net</a>  306-522-3930
<b>Summer Jam</b>	Free: Summer programming – many activities for Al Ritchie neighbourhood children and teens	School- aged children	2250 Lindsay St.	306-522-3930
<b>Bricks 4 Kidz</b>	Kids spend their school break with specially designed bricks, models, LEGO® games galore, and plenty of time for free- play.	5-11 yrs	Online Registration	<a href="https://www.bricks4kidz.com/canada-saskatchewan-regina/summer-camps/">https://www.bricks4kidz.com/canada-saskatchewan-regina/summer-camps/</a>  Email: <a href="mailto:regina@bricks4kidz.com">regina@bricks4kidz.com</a>  306-527-7679
<b>Bright Future Playschool (Summer Camps)</b>	Sign up for their newsletter to hear from about their 2019 summer camp options.	3-10 yrs	6815 Rochdale Blvd, Regina	<a href="https://brightfutureseec.com/?utm_source=chatterblock&amp;utm_medium=business_profile">https://brightfutureseec.com/?utm_source=chatterblock&amp;utm_medium=business_profile</a>  306-530-8494
<b>Bloom Learning Centre</b>	Fun and exciting week- long day camps for children during the months of July and August.	3-8 yrs	#13-5875 Rochdale Blvd, Regina	<a href="https://www.bloomlearning.ca/our-services/summer-programs">https://www.bloomlearning.ca/our-services/summer-programs</a>  306-775-3276

<b>Camp Monahan Association</b>	Camps of varying lengths, for children of all ages and backgrounds. Fun and friendship in a relaxed Christian setting.	6-16 yrs	P.O. Box 26035, Regina	<a href="https://www.campmonahan.ca/camps">https://www.campmonahan.ca/camps</a>  Email: <a href="mailto:campmonahan@sasktel.net">campmonahan@sasktel.net</a>  306-522-1047
<b>CityKidz</b> (Summer to Remember)	Summer programming for North Central community provides children with new, life changing, memory-making experiences.	All ages	1475 Athol St, Regina	Email: <a href="mailto:donna@citykidz.ca">donna@citykidz.ca</a>  306-529-8656
<b>Conservatory Of Performing Arts</b>	From beginner actors to amateur musicians, group classes serve a variety of levels and ages of artists in a range of arts fields. Courses are open for any member of the community.	Newborn to Adults	University of Regina 3737 Wascana Parkway, Regina	<a href="https://www.uregina.ca/cee/conservatory/">https://www.uregina.ca/cee/conservatory/</a>  306-585-5748
<b>Camp Voyageur</b>	Full time summer camps in French. Facilities available are residence, cafeteria, swimming pool, gym, and large outdoor areas.	6-14 yrs	Gravelbourg, SK. A small town south-west of Regina, at College Mathieu High School.	Camp Voyageur Coordinator 1-306-992-9109 1-800-991-1912  <a href="https://campvoyageursk.com/en/">https://campvoyageursk.com/en/</a> Email: <a href="mailto:kymber.zahar@fransaskois.sk.ca">kymber.zahar@fransaskois.sk.ca</a>
<b>Dallas Valley Ranch Camp</b>	Camps to ignite and nourish a life-transforming relationship with Jesus Christ, through a dynamic camp experience.	9 yrs- Youth	Mailing Address: Dallas Valley Ranch Camp Box 779 Lumsden, SK S0G 3C0	<a href="https://www.dallasvalley.com/summer-camps">https://www.dallasvalley.com/summer-camps</a>  Email: <a href="mailto:mdvalley@dallasvalley.com">mdvalley@dallasvalley.com</a>  306-731-3348
<b>Dance Plus (Summer Dance Camp)</b>	Goal is to provide dance instruction that will enhance child's balance, flexibility and memory, all with an emphasis on "FUN", within a positive and enjoyable environment.	Children and Families	156 McIntyre Street, Regina	<a href="https://www.danceplus.ca/summer-programs">https://www.danceplus.ca/summer-programs</a>  306-545-2226

<b>Ehrlo Sports Venture</b>	Provides youth and families with programs throughout the year. Free drop-in sports leagues (hockey, basketball, soccer, baseball, and football) and a library to borrow sports equipment, free of charge. <i>Volunteer opportunities</i>	Children and Youth	2730-5 <sup>th</sup> Avenue, Regina	<a href="http://ehrlo.com/sport-venture/the-leagues/">http://ehrlo.com/sport-venture/the-leagues/</a>  Email: <a href="mailto:sportventure@ranchehrlo.ca">sportventure@ranchehrlo.ca</a>  306-751-2411
<b>EYES</b> (Educating Youth in Engineering and Science)	Sparks curiosity and develops a lasting interest and enthusiasm for science, engineering and technology in children by engaging them in hands-on activities.	Grades 2 - 9	University of Regina Faculty of Engineering and Applied Science, 3737 Wascana Parkway, Regina	<a href="http://eyes.uregina.ca/">http://eyes.uregina.ca/</a>
<b>EYFC</b> (Early Years Family Centres)	Free drop in space, with programs and activities (some need registration)  <a href="#"><u>Program Calendars here</u></a>  Indoor and outdoor activities	0-6 yrs – with parents or caregivers	<i>4 locations for summer activities</i> <b>Sacred Heart</b> 1325 Argyle St. (Entrance on Argyle Street) <a href="#"><u>Dr. L. M. Hanna</u></a> 55 Davin Cres <b>St. Matthew</b> 4710 Castle Road (NW entrance by the playground) <a href="#"><u>Regina Early Learning Centre</u></a> 2115 Athol Street	<a href="http://www.reginakids.ca/regina-childrens-initiative/early-years-family-centres/family-centres">http://www.reginakids.ca/regina-childrens-initiative/early-years-family-centres/family-centres</a> 306-529-2520  306-791-8229  306- 519-8588  306-535-5993  Email: <a href="mailto:familycentre@reginakids.ca">familycentre@reginakids.ca</a>
<b>Engineering For Kids</b>	Offers half-day camps, full-day camps, and holiday break camps.	4-12 yrs	Act Studio 2250 Albert Street, Regina	<a href="https://www.engineeringforkids.com/regina/programs/camps/">https://www.engineeringforkids.com/regina/programs/camps/</a>  306-900-2953
<b>Globe Theatre Summer Schools</b>	Children’s ½ and full day camps;  1-week and 2-week classes	5-12 yrs  13-18 yrs	1801 Scarth Street Regina,	<a href="http://globetheatrelive.com/globe-theatre-school/summer-laboratory/2019-summer-lab-children-classes">http://globetheatrelive.com/globe-theatre-school/summer-laboratory/2019-summer-lab-children-classes</a>  <a href="http://globetheatrelive.com/globe-theatre-school/summer-laboratory/2019-summer-lab-teen-classes">http://globetheatrelive.com/globe-theatre-school/summer-laboratory/2019-summer-lab-teen-classes</a>  306-525-6400

<b>Katepwa Lake Camp</b>	Each week has age specific programming which takes into account a child's normal school groupings and interest by age.	3-15 yrs and a Family Camp	2025 Lorne Street, Regina	<a href="http://www.katepwalakecamp.com/2019-summer-camps">http://www.katepwalakecamp.com/2019-summer-camps</a>  306-332-4727
<b>Kare 4 Kids Regina</b>	Summer Program: theme days, outdoor and water play, crafts/games, some sport day camps (such as soccer), guests from sports teams, daily morning and afternoon snacks, field trips, special lunches and snacks, visiting local pools and splash pads, parks and playgrounds.	6-12 yrs	1701B College Avenue, Regina	<a href="http://www.kare4kidsregina.ca/summer-camps.html">http://www.kare4kidsregina.ca/summer-camps.html</a>  Email: <a href="mailto:k4ksummerprogram@gmail.com">k4ksummerprogram@gmail.com</a>  306-584-5437 (584-KIDS)
<b>Long and McQuade Lesson Centre</b>	Summer: Camps and weekly programs for various ages. Group and private lessons for many instruments.	Children and Adults	1455 McIntyre St. Regina, SK	<a href="https://www.long-mcquade.com/lessons/Saskatchewan/Regina/">https://www.long-mcquade.com/lessons/Saskatchewan/Regina/</a>  306- 569-3914
<b>Lumsden Beach Camp</b>	Families enjoy together. Programming opportunities could include canoeing, swimming, archery, games, and hikes.	All ages	Lumsden Beach Camp Box 33172 Regina S4T 7X2	<a href="https://www.lumsdenbeachcamp.com/registration/">https://www.lumsdenbeachcamp.com/registration/</a>  306-729-2586
<b>Montessori School of Regina, Inc.</b>	Different themes each week with Montessori work and play activities, special guests, field trips, stories, art and craft activities, songs, movement, games, etc.	3-6 yrs	4715 McTavish St. Regina S4S 6H2	<a href="https://www.reginamontessori.com/summercamp">https://www.reginamontessori.com/summercamp</a>  306-522-1500
<b>New Beginnings</b>	Program for Syrian refugee children helps to improve English proficiency, adapt to Canadian culture with art/science activities, field trips and recreational sports.	5-12 yrs	Centre for Kinesiology and Health and Sport University of Regina	<a href="https://www.uregina.ca/recservices/children/New%20Beginnings/Index.html">https://www.uregina.ca/recservices/children/New%20Beginnings/Index.html</a>

<b>PlayEscapes (Run by City Of Regina)</b>	FREE: Play opportunities that develop and foster life skills, creativity, imagination and positive self-image, while promoting a physical and active lifestyle.	Children and Youth	Multiple locations in the city; see the website	<a href="https://www.regina.ca/residents/recreation/playescapes/">https://www.regina.ca/residents/recreation/playescapes/</a>
<b>Prairie Sky School (PSS) Summer Day Camp</b>	Explore the Four Elements in a summer camp: Earth, Air, Fire and Water	9-12 yrs	3233 Argyle Road, Regina	<a href="https://www.prairieskyschool.net/summer-programs.html">https://www.prairieskyschool.net/summer-programs.html</a>  306-352-1875
<b>Regina CFL Youth Flag Football</b>	Non-contact league for boys and girls: a safe environment that enables children to learn and apply the principles of teamwork, discipline, dedication, and sportsmanship while playing flag football.	6-15 yrs	734 Elphinstone Street, 3rd Floor, Regina,	<a href="https://reginayouthflagfootball.com/fall/">https://reginayouthflagfootball.com/fall/</a>  Email: <a href="mailto:reginacfl youthflagfootball@gmail.com">reginacfl youthflagfootball@gmail.com</a>  306- 780 – 9239
<b>Regina Equestrian Centre</b>	Morning camps, available four days a week. Activities for this camp include: riding lessons, horse theory classes, farm animal fun, crafts, games and archery.	7-12 yrs	Located one mile west of Regina on Pinkie Road.  Look for the big white dome building.	<a href="http://reginaequestriancentre.com/www.reginaequestriancentre.com/Day_Camps.html">reginaequestriancentre.com/www.reginaequestriancentre.com/Day_Camps.html</a>  Email: <a href="mailto:rec.ltd@accesscomm.ca">rec.ltd@accesscomm.ca</a>  Text or Call: 306-591-0690
<b>Regina Public Library</b>	Summer Reading Party, Family story time, Board games for families, Arts and Crafts, School Age Films, and many more programs.	All ages	See the website for schedule and locations.	<a href="https://www.reginalibrary.ca/attend/programs?filtertype=agefilter&amp;filtervalue=Children">https://www.reginalibrary.ca/attend/programs?filtertype=agefilter&amp;filtervalue=Children</a>
<b>Summer 'Level Up!' Learning Program - Regina Public Library</b>	Free. Win prizes! Explore books, comics, e-resources and find fun free activities. Program runs June 3 to Aug 31, 2019	12 and under	Register at any branch to pick up your 'kit'	<a href="http://Reginalibrary.ca/levelup">Reginalibrary.ca/levelup</a>  Main Branch: 306-777-6000

<b>Summer Reading Program for Teens/Adults - Regina Public Library</b>	<p>Free reading program program – from July 1 – August 31.</p> <p>Many other free programs and activities throughout the summer.</p>	13 and up	Participate by downloading the <b>‘Beanstack App’</b> to your phone, then log all the books that you read during the summer.	<a href="https://www.reginalibrary.ca/services/teens">https://www.reginalibrary.ca/services/teens</a>  Main Branch: 306-777-6000
<b>Regina Open Door Society</b>	Recreational and educational opportunities for refugee and immigrant children.	6-12 yrs	2332 - 11th Avenue, Regina	<a href="https://rods.sk.ca/pages/childrens-summer-program">https://rods.sk.ca/pages/childrens-summer-program</a>  306-352-3500
<b>Regina Optimist Dolphins (Summer Camps)</b>	Helping each swimmer reach their fullest potential through quality programs and coaching.	4-9 yrs	1717 Elphinstone Street, Regina	<a href="https://www.teamunify.com/team/canrodsc/page/swim-camps-info">https://www.teamunify.com/team/canrodsc/page/swim-camps-info</a>  306-586-3909
<b>Regina Rowing Club</b>	Year-round competitive and non-competitive training. Also offers a variety of summer programs, including High School Learn-to-Row, Elementary Learn-to-Row Camp, and Crew Challenge.	Children and Families	P.O. Box 1246 Station Main, Regina  Boathouse Address: Regina Rowing Club 3000 Wascana Drive, Regina	<a href="http://www.reginarowing.com/">http://www.reginarowing.com/</a>  Email: <a href="mailto:rrc@sasktel.net">rrc@sasktel.net</a>  306-757-0928
<b>Royal Saskatchewan Museum</b>	No summer camps in 2019, but a new T-Rex gallery is opening, with many special activities planned throughout the summer.	Children and Families	2445 Albert Street Regina,	<a href="https://royalsaskmuseum.ca/rsm/visit/event-calendar">https://royalsaskmuseum.ca/rsm/visit/event-calendar</a>  306-787-2815
<b>Summer Sports School (U of R)</b>	Children are provided opportunities to participate in a variety of different sports, aquatic, and other physical activities.	4-12 yrs	Recreation and Athletic Services, Faculty of Kinesiology & Health Studies University of Regina Wascana Parkway, Regina	<a href="https://www.uregina.ca/recservices/children/summer-sports/index.html">https://www.uregina.ca/recservices/children/summer-sports/index.html</a>  306-585-4371



<b>Wascana Racing Canoe Club</b>	<p>Full-day Summer camps that teach people how to row (paddle) in a canoe.</p> <p>Participants can become advanced and join a competitive team, or learn for recreational purposes.</p>	Children, Youth, and Adults	3000 Wascana Drive, Regina	<p><a href="https://wrcepaddle.com/collections/kids-summer-camps-1">https://wrcepaddle.com/collections/kids-summer-camps-1</a></p> <p>306-780-9258</p>
<b>YAS (Young Athlete Saskatchewan)</b>  <b>Basketball Camps</b>	<p><b>Free</b> camps available for boys and girls in early July</p> <p><b>Paid</b> camps in July and August. Scholarships and discounts are available (contact YAS for more information)</p>	8-15 yrs (on June 30)		<p><a href="http://www.yas.ca">www.yas.ca</a></p> <p>Email: <a href="mailto:info@yas.ca">info@yas.ca</a></p> <p>306- 585- 2020 306- 242- 2425</p>
<b>YWCA</b>	<p>Summer Day Camps July and August, at the downtown location. Activities in creative arts, science, math, outdoors, and outings into the community. Different themes each week.</p>	Grades 1-6	1940 McIntyre Street, Regina	<p><a href="http://www.ywcaregina.com/Programs/ChildFamily/SummerDayCamp.htm">http://www.ywcaregina.com/Programs/ChildFamily/SummerDayCamp.htm</a></p> <p>306-525-2141</p>
<b>YMCA</b>	<p>Outdoor activities, sports, swimming, community outings plus creative arts, science and the key concepts of healthy living (physical activity and nutrition).</p>	3-12 yrs	2400 13th Avenue Regina  5939 Rochdale Blvd, Regina	<p><a href="mailto:REG-daycamp@regina.ymca.ca">REG-daycamp@regina.ymca.ca</a></p> <p>306-757-9622 ext. 336</p>

## Websites for more information:

### **City of Regina:**

**Affordable Fun Program** information: <https://www.regina.ca/residents/recreation/affordable-fun-program/>

**Summer Leisure Guide** (includes swimming lessons):

<https://www.regina.ca/residents/recreation/leisure-guide/>

**Chatterblock:** information on activities available for families; sign up to get new information

<https://www.chatterblock.com/resources/regina-saskatchewan-c3009/camps-classes/?category=5>

**Family Days Out:** Things to do in Regina with kids: outings in and near Regina

<https://www.familydaysout.com/kids-things-to-do-canada/regina/sk>

**Kinderbuzz:** seasonal listing of children's and family activities in Regina

<http://kinderbuzz.com/>

**One Stop Kid Shop:** information on activities available for families; sign up to get new information <http://onestopkidshop.com/>

**Regina Children's Initiative - Early Years Family Centres:** calendar of free activities for parents and preschool children; sign up to get new information each month

<http://www.reginakids.ca/programs-and-activities>

**Regina Public Library:** free activities for the whole family!

Newcomers: <https://www.reginalibrary.ca/services/newcomers>;

Children: <https://www.reginalibrary.ca/services/children>

Teens: <https://www.reginalibrary.ca/services/teens>

Literacy: <https://www.reginalibrary.ca/services/literacy>

**TripAdvisor:** things to do with kids; [https://www.tripadvisor.ca/Attractions-g155042-Activities-zft11306-Regina\\_Saskatchewan.html](https://www.tripadvisor.ca/Attractions-g155042-Activities-zft11306-Regina_Saskatchewan.html)

### **Swimming Lessons:**

**University of Regina:** <https://www.uregina.ca/recservices/aquatics/programs/lessons.html>

**YMCA:** <https://regina.ymca.ca/wp-content/uploads/2019/04/Spring-2019-Program-Guide.pdf>

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